

Saline County Aging Services Full Board meeting
January 31, 2022, 1:00 PM
Saline County Aging Services (SCAS) Back Room

The minutes were NOT digitally recorded.

President Lorene Horky called the meeting to order. Roll call showed that a quorum was met with nine members present. Staff members present were Program Manager, Lori Moldenhauer, Outreach Coordinator, Madison Hoover, Program Assistant, Laura Mackeprang, and Program Assistant, Donna Kovar. Pastor Jim Bendorf was introduced and welcomed as our newest Community Representative. Marvin Kohout filled in for Stephanie Krivohlavek as our County Commissioner Representative.

Approval of Minutes

The last full board meeting was set for December, but due to scheduling conflicts, Lori sent out an electronic December "Update" to all members. A quick overview was given by Lori of the update that was sent. She stated that we have been very busy and Covid really hasn't stopped anything. The popups are picking up. A motion to approve the "Updated" electronic review for December was made by Bonnie Schoenbeck and seconded by Marty Stones. Motion passed.

Standing Updates

Financial

- Lori has completed the 2nd quarter report for Aging Partners.

Fundraising/Grants/Donations

- Lori talked about the Share the Love Grant, which brought in @ \$6,000. It is based on earning shares by using social media. Flyers were handed out at the Hometown Holiday event. Sam posted on SCAS Facebook Business page and hoping to continue getting more likes. A thank you was delivered to the Subaru Dealerships, and they were presented with cookies from Frank's earning us more points.
- Lori just submitted a Grant to TransCanada to replace the store front window.
- Using previous grants & fundraising, Lori is in the process of getting quotes from Wilber Heating and Plumbing to get a dishwasher and larger sink to be put in a stationary island to help with our events.
- The 4th Annual Shamrock Shuffle is getting underway. It is March 26 at 10:00 am. Our participant numbers continue to grow, as well as the number of sponsors. Lori is hoping to have a good turnout and would love to see all the members there. TCBY is helping again this year and will earn some money for their organization with their assistance.

Budget

- Lori is starting to work on the 22-23 Aging Partner budget due in February.

Old Business/Action Plan

Medicare D Open Enrollment

- SCAS was very busy during the Medicare Open Enrollment period. It was a very successful period with many new clients and new intakes for us. SCAS serviced approximately 270 people with a savings of approximately \$117,000. Remotes were set up in Western (2), Friend (2), Dorchester (1), Crete (1), DeWitt (1), Wilber (2) and daily appointments throughout the enrollment period.
- Assisting clients with Medicare, Social Security, and Medicaid Counseling kept us very busy during this same period.

Senior Events

- A variety of Pop Ups have been held in Western, Friend, Wilber, Czech Village, and starting in Crete. We are trying to post them in the area newspapers and list them 4-6 months ahead of time to help improve attendance. Maddie shared what she has been doing with the popups. She has done Bingo, Jeopardy, and Trivia following the meals/coffee. She will be pairing up with Aging Partners on nutrition and heart this next month and hoping to start ball exercises. Lori presented a Slide show of some of the recent popups that were held by SCAS.
- Attorney General's Office presented a program on Senior Fraud both at Friend and Wilber.
- Randy and Pam Kozeal, from Whispering Winds, presented a Caregiver's Retreat on Alzheimer's, an afternoon session at the SCAS backroom and another evening session at the Hotel Wilber.
- A 7-week Stepping on Class on Fall Prevention was presented by Lori with 6-8 in attendance. Several area specialists came to present. Stacey Brandt from Wilber Physical Therapy talked on proven exercises to help them from falling, Dr. Anna Warnes from the Medical Clinic on drugs and prescriptions pertaining to falls, and Dr. Nicole Morrissey from Downtown Vision presented on vision issues with falls.
- Every Friday, a group meets for 10-point pitch in the backroom.

NEW BUSINESS

- Donna and Melissa were trained by PHS last fall in Tia Chi over Zoom. Two Tai Chi Classes in Wilber have started up with lead by Donna and Madison. There is 8-10 people per session. Classes are being held in the Cultural Center. There was a wait list for Tai Chi so a new class will be offered in March.
- Donna started Telecare with connecting older area adults with a well check from the Wilber-Clatonia 5th grade students. She is hoping to get a few more area schools to start up.
- Starting in February, we will hold a foot clinic at the Czech Village with PHS nurse, Michelle Vana. The clinic will be every other month.
- Lori is starting up a new project called Bilingual Days in Crete. This will be done with a grant offered through Aging Partners. Lori is working with Nancy Tellez, a communication specialist for the city of Crete. Lori is looking to hire an interpreter and interviews are upcoming. This person would be paid through grant money. With this, our mailer would be sent out in Spanish to that 30% of the population who are 60+ and Spanish speaking. The bilingual day would consist of a meal, financial counseling, and information/services.
- Melissa Larmeu, DeWitt Senior Center manager, reported that the meals in the center continue to have a great turnout. Melissa has the following tours/activities lined up: Music Bingo, Sandhill Cranes/Archway, Kansas-Tulip Festival, New Fire Department Tour in Beatrice, Health Fair, and Grief Support Group. SCAT with Scott's assistance helps with these tours. DeWitt's 150 Celebration is in April. There is a meeting coming up on possible expansion on the DeWitt Center Building. A breakfast with SCAS and the Dewitt Center is upcoming to help pull both the two facilities/communities together.
- Scott Bartels, SCAT manager, gave a brief update. He has hired a driver to help.

Lori said the SCAS can provide a snack for the next meeting. The next meeting will be Monday, April 18, at 1:30 p.m. at SCAS.

Meeting adjourned 2:15 PM.